



Professional Organizers in Canada
20 Stancroft Drive
Richmond Hill, ON, L4C4N1
www.organizersincanada.com

Media Release

World Organizing Day Highlights How Professional Organizing is Helping Canadians Reduce Stress and Reclaim Their Time

[Toronto, ON – May 20, 2026] – As Canadians navigate increasing demands on their time, space, and mental energy, more individuals, families, and businesses are turning to professional organizers for support. On **May 20, World Organizing Day**, Professional Organizers in Canada (POC) is joining a global movement to raise awareness about how organizing can reduce stress and create more functional, supportive environments.

“People are feeling overwhelmed—not just by clutter, but by the pace of modern life,” says Noreen Music, President of Professional Organizers in Canada. “Professional organizing provides practical, sustainable solutions that help people regain a sense of control and calm.”

A Growing Need for Organizing Support

Professional organizing continues to grow in demand as Canadians face:

- Busy family schedules
- Hybrid and remote work environments
- Downsizing and relocation
- Life transitions and changing priorities

Working with a professional organizer can help:

- Reduce stress and mental clutter
- Improve efficiency and productivity
- Create systems that are easy to maintain
- Support healthier, more intentional living

“Organizing isn’t about perfection—it’s about creating spaces and systems that support how people live and work every day.”

National Awareness Through World Organizing Day

World Organizing Day is a global initiative designed to spotlight the impact of organizing and the professionals behind it.

To mark the occasion, **Professional Organizers in Canada will host a national Instagram Live event on May 20 at 6:30 PM ET**, featuring organizers from across the country sharing real-life stories, practical tips, and answering questions from the public.

Find a Professional Organizer Near You

Canadians interested in improving their spaces, systems, or productivity can connect with a qualified professional organizer through the POC directory:

 <https://organizersincanada.com/get-organized/find-an-organizer/>

About Professional Organizers in Canada

Professional Organizers in Canada (POC) is a national registered non-profit association that provides education, business development, and networking opportunities for organizing professionals. With members across the country, POC is committed to providing visibility, credibility, and connection within the organizing industry.

Media Contact

Noreen Music, President
Professional Organizers in Canada (POC)
poc-president@organizersincanada.com
(587) 889-7198
<https://organizersincanada.com/>